



POKE

Designed and tied by:
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A weighted fly, the Poke was designed to imitate a small Cray Fish or Shrimp. Tied without the eyes, it can pass as a suitable Hex Nymph.

The name came from my old pet cat Poke, which means “Fish Salad” in Hawaii. That is where I got the grey used in the dubbing for the body. Sadly, Poke has passed on, but I have enough of his hairballs left to keep me tying this fly for a few more editions.

I bounce it off the bottom using an upstream swing under an indicator. Dead drifting is also a very effective method and works well both Trout and Smallmouth.

Hook: TMC 2302, size 8
Thread: UTC Red, 140 Denier
Weight: .010 lead wire – 15 turns
Body: mix of Grey Dubbing Fur and Gold Sudo-seal
Rib: Fine Gold Wire
Legs: Ginger Hen Hackle
Eyes: Small Mono
Over Body: Natural Fox Squirrel Tail