

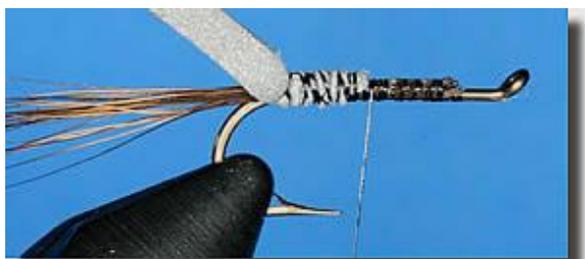
# FOAMPY

## By FFF Member Bob Bates

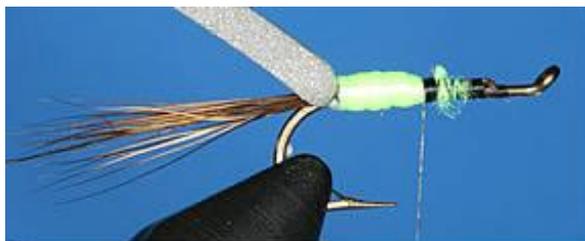
**Hook:** Eagle Claw 159, size 10  
**Thread:** Black, 14/0  
**Tail:** Moose mane  
**Back:** Closed cell foam, gray, 2 mm thick, 5/32-inch wide  
**Body:** Uni-Stretch floss, yellow  
**Wings:** Zelon, white  
**Hackle:** Grizzly



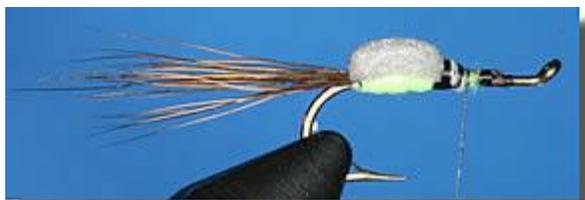
**Step 1:** Start thread on front of hook, wrap back to bend, and then forward to about 1/4 shank length back from eye. Tie on moose mane wrapping along the shank to where the wing will be. The tail is about 1 and 1/4 shank lengths long. Then bring the thread back to the bend.



**Step 2:** Put on foam and tie it all the way back so it depresses the tail a little. When the foam is pulled forward later the tail will be firm and straight. The front of the foam is a little behind mid-shank. Leave the thread at the front of the foam.



**Step 3:** Tie Uni-Stretch at front of foam. Wrap it back to the bend and then forward to tie in point. Make sure everything is covered. Wrap the Uni-Stretch tightly. Pull on it a little bit before you trim so it will snap back leaving no loose ends. Leave thread at front of floss.



**Step 4:** Pull foam forward gently so the cells are not collapsed then and hold it a little toward yourself before tightening thread. Thread torque will bring it to center. Tie it down firmly, and trim excess foam.



**Step 5:** Tie Zelon across hook shank wrapping lightly a couple of times. Figure-eight it tighter a couple of times. Post each wing (wrap up and down each wing a couple of times). Wrap around the wings to stand them up and separate them the right degree.



**Step 6:** Select a hackle with barbs (fibers) that are about 1-1/2 gap widths long, and tie it on in front of foam. Make sure to leave bare quill above the thread as you tie in hackle. Make 4- 6 wraps behind the wings and the 2 to 4 in front. Tie off hackle securely.





Rick Hinton Holding an Upper Long Lake Muskie

## Upper Long Lake Muskie Fishing

By: Rick Hinton

Three Rivers Fly Fishers Board Member

Several Monday's ago I had the opportunity to fish with guide Randy Burns of the Vince Weirick Muskie Guide Service. Vince and Randy want to expand their services to include fly fishermen so that's where I fit in. As you can see by the picture I was somewhat successful. This was not a result of my skills as much as it was Randy putting me on a lake (Upper Long Lake) with a lot of musky in it. In my fly fishing endeavors of the past I've had mentors that have given me help and guidance along the way. Believe me-I'm start-

ing from ground zero on this project! I have the book Muskie on the Fly by Robert Tomes which was a big help to get started. Friend Jerry Darkes sent me several flies to try when I told him of my new undertaking. The perch fly pictured was the one I caught both fish on and also had a follow. I used a 7 weight rod mostly because it is a line weight I had the biggest selection of fly lines for. I will jump to a 9 weight rod if I decide to take this seriously. I used a Teeny-200 shooting head fly line with a 20 inch piece of Maxima Green monofilament attached to a 16 inch piece of "tie-able" seven strand wire. I'm still experimenting, but at least now I have a success from which to build. You should try it sometime!



Perch Fly



Club Member Jay Snyder holding a nice  
Pere Marquette River Brown Trout

Club Member Don Privett with a nice  
Northern Indiana Rainbow



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**Calendar Of Events**

Nov 19th General Meeting  
Dick Walle - Fly fishing soft hackle flies  
7:00 American Legion, Goshen Rd

Dec 1st Board Meeting  
6:30 PM Fish of Stroh, Dupont Rd

Dec 17th No Club Meeting  
See you in January

Jan 5th Board Meeting  
6:30 PM Fish of Stroh, Dupont Rd

Jan 21st General Meeting  
Kevin Feenstra - Muskegon River Flies  
7:00 American Legion, Goshen Rd

Feb 2nd Board Meeting  
6:30 PM Fish of Stroh, Dupont Rd

*Please visit [www.3rff.org](http://www.3rff.org) to review old Club newsletters, fly patterns, and the club calendar.*

**Join the FFF**

Did you know that the Three Fivers Fly Fishers is an affiliate Club of the Federation of Fly Fishers? The FFF is instrumental in promoting the sport of fly fishing and educating the public about conservation of our natural resources. For new members, the Club is offering a one time \$5 discount for an FFF Membership. Complete the application form below and give to our Club Treasurer Gary Sanders at the next meeting. Gary will collect the membership fee and forward to the Federation.

**10th Annual Fly Tying Expo**

The Great Lakes Council of the Federation of Fly Fishers will host their annual fly tying exposition on Saturday, Dec. 5, 2009, 9 a.m. to 4 p.m. at Holt High School in Holt, MI. There will be door prizes, silent auctions, bucket raffle, and a live auction. Over 80 tiers will be on hand this year to demonstrate their fly tying skills. Returning talents also include: Dennis Potter, Tim Scott, Jim Reed, Ray Schmidt, Dick Walle, Julie Nielsen, Chris Soule and many others.

**Membership Categories**

- Individual..... \$35
- Family..... \$45
- Youth under 18.....\$15
- Senior +65.....\$25
- Disabled Veterans are Free (Proof of 50% disability required)
- Life Individual.....\$500
- Life Couple.....\$750
- 3 Year Individual..... \$85
- 3 Year Family.....\$100
- Sustaining .....\$200 (Commercial & Mfg. business)
- Retail shops/Outfitter....\$75

Canadian Membership — add \$5 year postage  
International Membership — add \$10 year postage



Federation of Fly Fishers  
215 E. Lewis, Livingston, MT 59047  
*Apply online [www.fedflyfishers.org](http://www.fedflyfishers.org)  
Join by phone 406-222-9369*

*Yes, I want to invest in the future of all fish, all waters!*

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ADDRESS \_\_\_\_\_

CITY/STATE/ZIP/COUNTRY \_\_\_\_\_

HM PHONE \_\_\_\_\_ WK PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

BIRTHDATE (for identification) \_\_\_\_\_

CLUB AFFILIATION \_\_\_\_\_

REFERRED BY \_\_\_\_\_

CHECK ENCLOSED (checks payable to Federation of Fly Fishers - US funds)

Healing Waters Donation \$ \_\_\_\_\_ (write "Project Healing Waters" on check)

VISA       MASTERCARD     DISCOVER       AMEX

CARD # \_\_\_\_\_

EXP DATE \_\_\_\_\_ / \_\_\_\_\_

Please do not share my information with organizations outside the FFF

# FOAMPY

## **THREE RIVERS FLY FISHERS LLC**

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